the study of PROVERBS





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WHAT IS DISCIPLESHIP CULTURE?

DISCIPLESHIP CULTURE has discipleship in its DNA

Last words are important and Matthew records the last words of Jesus as this: **Therefore go and make disciples of all nations**, **baptizing them in the name of the Father and of the Son and of the Holy Spirit**. **Matthew 28:19**

Jesus told His followers that they needed to go and make disciples of every nation. The call is no different today than it was 2,000 years ago. Somewhere along the way we have forgotten or even ignored Jesus' call to make disciples. Discipleship should not be just a program one can join, but it should be deeply rooted in the believer and Church's culture and fabric.

DISCIPLESHIP CULTURE does not rely on "One on One" discipleship

Greg Ogden in his book *Discipleship Essentials* says this, "The one-on-one sets up a teacher-student dynamic. The pressure is upon the discipler to be the answer person or the fountain of all wisdom and insight. When a third person is added, the dynamic shifts to a group process. The discipler can more naturally make his or her contribution in the dynamic of group interchange. Triad discipling shifts the model from hierarchical to relational. The greatest factor inhibiting those who are being discipled to disciple others (multiplication) is the dependency fostered by one-on-one relationships. The triad/quad, on the other hand, views discipleship as a come-alongside relationship of mutual journey toward maturity in Christ. The hierarchical dimension is minimized."

DISCIPLESHIP CULTURE helps provide accelerated growth

The goal of every believer should be to become mature and help others become mature. *He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ. Colossians 1:28*

We believe that if each person really puts their best into Discipleship Culture that they will see exponential spiritual growth in their life and in the lives of others.

DISCIPLESHIP CULTURE provides accountability

Accountability is taking the relational context of discipleship to another level. Accountability means giving your discipling partners authority to call you to keep the commitments you have made to one another. Accountability is rooted in realness and confessing sins to one another as well as keeping confidences within the D.C.

DISCIPLESHIP CULTURE Multiplies

And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. Il Timothy 2:2

Paul wrote this to Timothy and it actually represents four generations of disciples.

Paul ----- Timothy ----- Reliable People ----- Others

The proof of lasting discipleship is not really if I have discipled one other person. The proof of lasting discipleship is if the person I discipled has discipled another person well enough to disciple another. Has your mind been blown yet? Discipleship Culture provides a systematic way to multiply the Kingdom of God. The goal being that each person in the group would go out and disciple two to three others within a year. We believe groups of three or four work best.

DAILY DISCIPLESHIP CULTURE

Bible Study and Prayer

Five days a week we are asking every person to spend a significant amount of time studying their Bibles and to faithfully SOAP. SOAP is an acronym that will help you get the most out of your daily Bible reading. Here is how it works.

S.O.A.P

S (scripture) • Read the Scripture assigned for that day.

Write down a verse or a passage that is the most meaningful to you.

O (observation) • Write down observations you made about the scripture you read.

A (application) • Write down how you can apply the scripture you read to your everyday life.

P (prayer) • Pray to God about the scripture you focused on and anything else you want to lift up to Him.

It is really that simple.

Scripture Memory

We believe that Scripture Memory is a spiritual discipline that is essential for accelerated growth and daily living for Christ.

Pastor Chuck Swindoll wrote, "I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture... No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified" (Growing Strong in the Seasons of Life, p. 61).

You will be responsible for memorizing scripture every week. We memorize scripture because Psalm 119 tells us that we are to hide God's Word in our heart. The key to memorizing scripture is to review it every day and to meditate on its meaning.

Review

At the end of the week make sure you have reviewed your lessons and be prepared to share what you have learned with your group. Write it down. Also make sure your scripture memory is word perfect before you attend your group.

WEEKLY DISCIPLESHIP CULTURE

Details on the next page.

MONTHLY DISCIPLESHIP CULTURE

Once a month all who are involved in D.C. will be getting together for a one hour meeting. This meeting will set out to accomplish three things.

- <u>1. Celebrate the Wins</u> We want to take some time every month to celebrate the victories of having a Discipleship Culture. We want to give thanks to God for forward momentum of all life change in our culture. This will also help us understand better how to make D.C. more successful.
- <u>2. Identify the Obstacles</u> We look at this first session of Discipleship Culture as a pilot program. We want to know what isn't working and what tweaks need to be made along the way to help people become more like Jesus. Disciplers and Disciples alike are invited to suggest minor adjustments that may create greater impact.
- <u>3. Gain Instruction</u> Every month we will be spending part our time sharing vision and teaching more on the culture of Discipleship.

WEEKLY DISCIPLESHIP CULTURE

If you agree to be part of Discipleship Culture you are expected to be at all 12 weeks of meetings. The meetings will last one hour and will include accountability, reciting the Scripture memory verse, discussion of daily Bible study, and prayer.

Here is what the Weekly Discipleship Culture looks like:

- <u>1. Check In</u> [10 minutes] Start each meeting by checking in. This is the time when we are reminded to bear each other's burdens (Galatians 6:2) and sharpen one another through accountability (Proverbs 27:17).
 - A. **JOY**, **ANGER**, **FEAR**, or **SADNESS**: Sometimes it is hard for us to open up, but this exercise is very effective. These four feelings seem to be the base emotions we all feel. Share with your group the core emotion you are feeling right now and why.
 - B1. Accountability Option 1: Answer four basic questions
 - 1) How are you living a life of integrity?
 - 2) How are you protecting your spouse (current or possible future) with purity?
 - 3) How are you pursuing God with passion?
 - 4) How are you investing in the work of God? (time, talent, 10% of your treasure/tithe)
 - B2. Accountability Option 2: This is an extensive list that John Wesley created over 200 years ago but is still practical today. Use it to highlight areas of your life as you check in but be sensitive of time. Don't go over every question.
 - 1) Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?
 - 2) Am I honest in all my acts and words, or do I exaggerate?
 - 3) Do I confidentially pass on to another what was told to me in confidence?
 - 4) Can I be trusted?
 - 5) Am I a slave to dress, friends, work, or habits?
 - 6) Am I self-conscious, self-pitying, or self-justifying?
 - 7) Did the Bible live in me today?
 - 8) Do I give it time to speak to me everyday?
 - 9) Am I enjoying prayer?
 - 10) When did I last speak to someone else about my faith?
 - 11) Do I pray about the money I spend?
 - 12) Do I get to bed on time and get up on time?
 - 13) Do I disobey God in anything?
 - 14) Do I insist upon doing something about which my conscience is uneasy?
 - 15) Am I defeated in any part of my life?
 - 16) Am I jealous, impure, critical, irritable, touchy, or distrustful?
 - 17) How do I spend my spare time?
 - 18) **Am I proud?**
 - 19) Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?
 - 20) Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?
 - 21) Do I grumble or complain constantly?
 - 22) Is Christ real to me?

2. Share Your SOAP – [15-20 minutes]

- A. Recite memorized verse.
- B. Share observations and applications (as well as questions you may have) from the week's reading.
- <u>3. Pray</u> [15-20 minutes] Pray together. We recommend using this prayer structure: praise God, confess your sinfulness, and offer willing service to Him. Pray through what you just talked about with each other. Pray for each other, allowing the Holy Spirit to convict you and guide you. Remember, you are all just talking with your Father together! It is a holy and fun conversation!

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WEEK ONE

Scripture Memory: Proverbs 1:1-4

The proverbs of Solomon son of David, king of Israel: for attaining wisdom and discipline; for understanding words of insight; for acquiring a disciplined and prudent life, doing what is right and just and fair; for giving prudence to the simple, knowledge and discretion to the young.

Classic Scripture Memory: James 1:19-20

My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, for man's anger does not bring about the righteous life that God desires.

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WEEK TWO

Scripture Memory: Proverbs 4:18-19

The path of the righteous is like the first gleam of dawn, shining ever brighter till the full light of day. But the way of the wicked is like deep darkness; they do not know what makes them stumble.

Classic Scripture Memory: Genesis 3:15

And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel."

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WEEK THREE

Scripture Memory: Proverbs 7:1-3

My son, keep my words and store up my commands within you. Keep my commands and you will live; guard my teachings as the apple of your eye. Bind them on your fingers; write them on the tablet of your heart.

Classic Scripture Memory: Psalm 1:1-2

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the Lord, and on his law he meditates day and night.

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WEEK FOUR

Scripture Memory: Proverbs 10:27

The fear of the Lord adds length to life, but the years of the wicked are cut short.

Classic Scripture Memory: Ecclesiastes 7:17-18

Do not be overwicked, and do not be a fool why die before your time? It is good to grasp the one and not let go of the other. The man who fears God will avoid all extremes.

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WEEK FIVE

Scripture Memory: Proverbs 13:12

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life

Classic Scripture Memory: Philippians 4:6

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

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WEEK SIX

Scripture Memory: Proverbs 15:1-2

A gentle answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise commends knowledge, but the mouth of the fool gushes folly.

Classic Scripture Memory: John 14:21

Whoever has my commands and obeys them, he is the one who loves me. He who loves me will be loved by my Father, and I too will love him and show myself to him.

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WEEK SEVEN

Scripture Memory: Proverbs 17:22

A cheerful heart is good medicine, but a crushed spirit dries up the bones.

Classic Scripture Memory: Philippians 2:3-4

Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others.

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Scripture Memory: 5:5-6

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WEEK EIGHT

Scripture Memory: Proverbs 19:20-21

Listen to advice and accept instruction, and in the end you will be wise. Many are the plans in a man's heart, but it is the Lord's purpose that prevails.

Classic Scripture Memory: I Peter 5:5-6

Young men, in the same way be submissive to those who are older. All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but gives grace to the humble." Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

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WEEK NINE

Scripture Memory: Proverbs 22:1

A good name is more desirable than great riches; to be esteemed is better than silver or gold

Classic Scripture Memory: Ephesians 5:3

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

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Classic Scripture Memory: Ephesians 5:3

But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

S • Read Proverbs 24:23-34	WEEK 10 • DAY 1 • DATE
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PRAY	
• Read Proverbs 25:1-14	WEEK 10 • DAY 2 • DATE
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PRAY	
S • Read Proverbs 25:15-28	WEEK 10 • DAY 3 • DATE
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PRAY	

S (scripture) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (observation) • Write down observations about the scripture you read.

A (application) • Write down how you can apply the scripture to your everyday life.

P (prayer) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK TEN

Scripture Memory: Proverbs 26:18-19

Like a madman shooting firebrands or deadly arrows is a man who deceives his neighbor and says, "I was only joking!"

Classic Scripture Memory: Hebrews 11:6

And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

• Read Proverbs 26:1-14	WEEK 10 • DAY 4 • DATE
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PRAY	
• Read Proverbs 26:15-28	WEEK 10 • DAY 5 • DATE
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PRAY	
Summarize what you v	would like to share with your group

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S.	Read Proverbs 28:1-14	WEEK 11 • DAY 3 • DATE
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J .	Read Proverbs 27:1-14	WEEK 11 • DAY 1 • DATE

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WEEK ELEVEN

Scripture Memory: Proverbs 28:6

Better a poor man whose walk is blameless than a rich man whose ways are perverse.

Classic Scripture Memory: Galatians 6:9-10

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

• Read Proverbs 28:15-28	WEEK 11 • DAY 4 • DATE
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• Read Proverbs 29:1-14	WEEK 11 • DAY 5 • DATE
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5 • Read Proverbs 29:15-27	WEEK 12 • DAY 1 • DATE
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S • Read Proverbs 30:1-17	WEEK 12 • DAY 2 • DATE
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S • Read Proverbs 30:18-33	WEEK 12 • DAY 3 • DATE
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PRAY	

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WEEK TWELVE

Scripture Memory: Proverbs 31:30

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised.

Classic Scripture Memory: Matthew 5:16

In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.

• Read Proverbs 31:1-9	WEEK 12 • DAY 4 • DATE
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PRAY	
• Read Proverbs 31:10-31	WEEK 12 • DAY 5 • DATE
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PRAY	
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