

the study of  
**MATTHEW**



**DISCIPLESHIP  
CULTURE**





# DISCIPLESHIP CULTURE

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# WHAT IS DISCIPLESHIP CULTURE?

## DISCIPLESHIP CULTURE has discipleship in its DNA

Last words are important and Matthew records the last words of Jesus as this: *Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Matthew 28:19*

Jesus told His followers that they needed to go and make disciples of every nation. The call is no different today than it was 2,000 years ago. Somewhere along the way we have forgotten or even ignored Jesus' call to make disciples. Discipleship should not be just a program one can join, but it should be deeply rooted in the believer and Church's culture and fabric.

## DISCIPLESHIP CULTURE does not rely on "One on One" discipleship

Greg Ogden in his book *Discipleship Essentials* says this, "The one-on-one sets up a teacher-student dynamic. The pressure is upon the discipler to be the answer person or the fountain of all wisdom and insight. When a third person is added, the dynamic shifts to a group process. The discipler can more naturally make his or her contribution in the dynamic of group interchange. Triad discipling shifts the model from hierarchical to relational. The greatest factor inhibiting those who are being disciplined to disciple others (multiplication) is the dependency fostered by one-on-one relationships. The triad/quad, on the other hand, views discipleship as a come-alongside relationship of mutual journey toward maturity in Christ. The hierarchical dimension is minimized."

## DISCIPLESHIP CULTURE helps provide accelerated growth

The goal of every believer should be to become mature and help others become mature. *He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ. Colossians 1:28*

We believe that if each person really puts their best into Discipleship Culture that they will see exponential spiritual growth in their life and in the lives of others.

## DISCIPLESHIP CULTURE provides accountability

Accountability is taking the relational context of discipleship to another level. Accountability means giving your discipling partners authority to call you to keep the commitments you have made to one another. Accountability is rooted in realness and confessing sins to one another as well as keeping confidences within the D.C.

## DISCIPLESHIP CULTURE Multiplies

*And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. II Timothy 2:2*

Paul wrote this to Timothy and it actually represents four generations of disciples.

Paul ----- Timothy ----- Reliable People ----- Others

The proof of lasting discipleship is not really if I have disciplined one other person. The proof of lasting discipleship is if the person I disciplined has disciplined another person well enough to disciple another. Has your mind been blown yet? Discipleship Culture provides a systematic way to multiply the Kingdom of God. The goal being that each person in the group would go out and disciple two to three others within a year. We believe groups of three or four work best.

## **DAILY DISCIPLESHIP CULTURE**

### **Bible Study and Prayer**

Five days a week we are asking every person to spend a significant amount of time studying their Bibles and to faithfully SOAP. SOAP is an acronym that will help you get the most out of your daily Bible reading. Here is how it works.

#### **S.O.A.P**

**S (scripture)** • Read the Scripture assigned for that day.

Write down a verse or a passage that is the most meaningful to you.

**O (observation)** • Write down observations you made about the scripture you read.

**A (application)** • Write down how you can apply the scripture you read to your everyday life.

**P (prayer)** • Pray to God about the scripture you focused on and anything else you want to lift up to Him.

It is really that simple.

### **Scripture Memory**

We believe that Scripture Memory is a spiritual discipline that is essential for accelerated growth and daily living for Christ.

Pastor Chuck Swindoll wrote, *“I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture. . . . No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified”* (Growing Strong in the Seasons of Life, p. 61).

You will be responsible for memorizing scripture every week. We memorize scripture because Psalm 119 tells us that we are to hide God’s Word in our heart. The key to memorizing scripture is to review it every day and to meditate on its meaning.

### **Review**

At the end of the week make sure you have reviewed your lessons and be prepared to share what you have learned with your group. Write it down. Also make sure your scripture memory is word perfect before you attend your group.

## **WEEKLY DISCIPLESHIP CULTURE**

Details on the next page.

## **MONTHLY DISCIPLESHIP CULTURE**

Once a month all who are involved in D.C. will be getting together for a one hour meeting. This meeting will set out to accomplish three things.

**1. Celebrate the Wins** – We want to take some time every month to celebrate the victories of having a Discipleship Culture. We want to give thanks to God for forward momentum of all life change in our culture. This will also help us understand better how to make D.C. more successful.

**2. Identify the Obstacles** – We look at this first session of Discipleship Culture as a pilot program. We want to know what isn’t working and what tweaks need to be made along the way to help people become more like Jesus. Disciplers and Disciples alike are invited to suggest minor adjustments that may create greater impact.

**3. Gain Instruction** – Every month we will be spending part our time sharing vision and teaching more on the culture of Discipleship.

## **WEEKLY DISCIPLESHIP CULTURE**

If you agree to be part of Discipleship Culture you are expected to be at all 12 weeks of meetings. The meetings will last one hour and will include accountability, reciting the Scripture memory verse, discussion of daily Bible study, and prayer.

### **Here is what the Weekly Discipleship Culture looks like:**

**1. Check In** – [10 minutes] Start each meeting by checking in. This is the time when we are reminded to bear each other's burdens (Galatians 6:2) and sharpen one another through accountability (Proverbs 27:17).

A. **JOY, ANGER, FEAR, or SADNESS:** Sometimes it is hard for us to open up, but this exercise is very effective. These four feelings seem to be the base emotions we all feel. Share with your group the core emotion you are feeling right now and why.

B1. Accountability Option 1: Answer three basic questions

- 1) *How are you protecting your life with purity?*
- 2) *Share a win that you've had investing in the work of God? (Time, Talent, Treasure)*
- 3) *How are you glorifying God in your thought life?*

B2. Accountability Option 2: This is an extensive list that John Wesley created over 200 years ago but is still practical today. Use it to highlight areas of your life as you check in but be sensitive of time. Don't go over every question.

- 1) *Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?*
- 2) *Am I honest in all my acts and words, or do I exaggerate?*
- 3) *Do I confidentially pass on to another what was told to me in confidence?*
- 4) *Can I be trusted?*
- 5) *Am I a slave to dress, friends, work, or habits?*
- 6) *Am I self-conscious, self-pitying, or self-justifying?*
- 7) *Did the Bible live in me today?*
- 8) *Do I give it time to speak to me everyday?*
- 9) *Am I enjoying prayer?*
- 10) *When did I last speak to someone else about my faith?*
- 11) *Do I pray about the money I spend?*
- 12) *Do I get to bed on time and get up on time?*
- 13) *Do I disobey God in anything?*
- 14) *Do I insist upon doing something about which my conscience is uneasy?*
- 15) *Am I defeated in any part of my life?*
- 16) *Am I jealous, impure, critical, irritable, touchy, or distrustful?*
- 17) *How do I spend my spare time?*
- 18) *Am I proud?*
- 19) *Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?*
- 20) *Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?*
- 21) *Do I grumble or complain constantly?*
- 22) *Is Christ real to me?*

**2. Share Your SOAP** – [15-20 minutes]

A. Recite memorized verse.

B. Share observations and applications (as well as questions you may have) from the week's reading.

**3. Pray** – [15-20 minutes] Pray together. We recommend using this prayer structure: **praise God, confess your sinfulness, and offer willing service to Him.** Pray through what you just talked about with each other. Pray for each other, allowing the Holy Spirit to convict you and guide you. Remember, you are all just talking with your Father together! It is a holy and fun conversation!

## SCRIPTURE MEMORY

### WEEK ONE:

MATTHEW 1:22-23 - *All this took place to fulfill what the Lord had said through the prophet: "The virgin will conceive and give birth to a son, and they will call him Immanuel" (which means "God with us").*

PHILIPPIANS 2:3-4 - *Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others*

### WEEK TWO:

MATTHEW 3:16-17 - *As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, "This is my Son, whom I love; with him I am well pleased."*

1 PETER 5:5-6 - *In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but shows favor to the humble." Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.*

### WEEK THREE:

MATTHEW 5:14-16 - *"You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.*

EPHESIANS 5:3 - *But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.*

### WEEK FIVE:

MATTHEW 11:28-29 - *"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

JEREMIAH 33:3 - *'Call to me and I will answer you and tell you great and unsearchable things you do not know.'*

### WEEK SIX:

MATTHEW 12:48-50 - *He replied to him, "Who is my mother, and who are my brothers?" Pointing to his disciples, he said, "Here are my mother and my brothers. For whoever does the will of my Father in heaven is my brother and sister and mother."*

ISAIAH 6:8 - *Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"*

### WEEK SEVEN:

MATTHEW 15:7-9 - *You hypocrites! Isaiah was right when he prophesied about you: "These people honor me with their lips, but their hearts are far from me. They worship me in vain; their teachings are merely human rules."*

GENESIS 3:15 - *And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel."*

### WEEK NINE:

MATTHEW 19:14 - *Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*

PSALM 23:1-2 - *The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters*

### WEEK TEN:

MATTHEW 22:37 - *Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." 38 This is the first and greatest commandment. 39 And the second is like it: "Love your neighbor as yourself." 40 All the Law and the Prophets hang on these two commandments."*

PSALM 23:3-4 - *Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me*

### WEEK ELEVEN:

MATTHEW 23:11-12 - *The greatest among you will be your servant. 12 For those who exalt themselves will be humbled, and those who humble themselves will be exalted.*

PSALM 23:5-6 - *You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. 6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.*

**S** • Read Matthew 1:1-17

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**S** • Read Matthew 1:18-25

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**S** • Read Matthew 2:1-12

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**WEEK ONE**

Scripture Memory:  
Matthew 1:22-23

*All this took place to fulfill what the Lord had said through the prophet: "The virgin will conceive and give birth to a son, and they will call him Immanuel" [which means "God with us"].*

Classic Scripture Memory:  
Philippians 2:3-4

*Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others.*

**S** • Read Matthew 2:13-18

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**S** • Read Matthew 2:19-23

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*Summarize what you would like to share with your group*

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Classic Scripture Memory:  
Philippians 2:3-4

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**S** • Read Matthew 3:1-12

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**S** • Read Matthew 3:13-17

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Classic Scripture Memory:  
1 Peter 5:5-6

*In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but shows favor to the humble." Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.*

**S** • Read Matthew 4:12-17

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**S** • Read Matthew 5:1-12

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**S** • Read Matthew 5:13-26

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**WEEK THREE**

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Matthew 5:14-16

***“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. 16 In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.***

Classic Scripture Memory:  
Ephesians 5:3

***But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people.***

**S** • Read Matthew 6:1-18

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**S** • Read Matthew 6:19-34

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Classic Scripture Memory:  
Ephesians 5:3

*But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people.*

**S** • Read Matthew 7:1-14

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**S** • Read Matthew 7:15-29

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**S** • Read Matthew 8:1-17

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**WEEK FOUR**

Review Scripture Memory from weeks 1-3

**WEEK ONE:**

**Matthew 1:22-23**

**Philippians 2:3-4**

**WEEK TWO:**

**Matthew 3:16-17**

**I Peter 5:5-6**

**WEEK THREE:**

**Matthew 5:14-16**

**Ephesians 5:3**

**S** • Read Matthew 8:18-34

WEEK 4 • DAY 4 • DATE \_\_\_\_\_

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**PRAY**

**S** • Read Matthew 9:1-17

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**PRAY**

*Summarize what you would like to share with your group*

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**O (observation)** • Write down observations about the scripture you read.

**A (application)** • Write down how you can apply the scripture to your everyday life.

**P (prayer)** • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

**WEEK FOUR**

Review Scripture Memory from weeks 1-3

**WEEK ONE:**

**Matthew 1:22-23**

**Philippians 2:3-4**

**WEEK TWO:**

**Matthew 3:16-17**

**1 Peter 5:5-6**

**WEEK THREE:**

**Matthew 5:14-16**

**Ephesians 5:3**

**S** • Read Matthew 9:18-38

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**PRAY**

**S** • Read Matthew 10:1-20

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**PRAY**

**S** • Read Matthew 10:21-42

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**WEEK FIVE**

Scripture Memory:  
Matthew 11:28-29

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

Classic Scripture Memory:  
Jeremiah 33:3

*‘Call to me and I will answer you and tell you great and unsearchable things you do not know.’*

**S** • Read Matthew 11:1-19

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**PRAY**

**S** • Read Matthew 11:20-30

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Classic Scripture Memory:  
Jeremiah 33:3

*‘Call to me and I will answer you and tell you great and unsearchable things you do not know.’*



**S** • Read Matthew 12:1-21

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**PRAY**

**S** • Read Matthew 12:22-50

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**PRAY**

**S** • Read Matthew 13:1-23

WEEK 6 • DAY 3 • DATE \_\_\_\_\_

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**WEEK SIX**

Scripture Memory:  
Matthew 12:48-50

*He replied to him, "Who is my mother, and who are my brothers?" Pointing to his disciples, he said, "Here are my mother and my brothers. For whoever does the will of my Father in heaven is my brother and sister and mother."*

Classic Scripture Memory:  
Isaiah 6:8

*Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"*

**S** • Read Matthew 13:24-43

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**S** • Read Matthew 13:44-58

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Classic Scripture Memory:  
Isaiah 6:8

*Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for us?" And I said, "Here am I. Send me!"*

**S** • Read Matthew 14:1-21

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**S** • Read Matthew 14:22-36

WEEK 7 • DAY 2 • DATE \_\_\_\_\_

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**S** • Read Matthew 15:1-20

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**PRAY**

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**WEEK SEVEN**

Scripture Memory:  
Matthew 15:7-9

***You hypocrites! Isaiah was right when he prophesied about you: "These people honor me with their lips, but their hearts are far from me. They worship me in vain; their teachings are merely human rules."***

Classic Scripture Memory:  
Genesis 3:15

***And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel."***

**S** • Read Matthew 15:21-39

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**PRAY**

**S** • Read Matthew 16:1-12

WEEK 7 • DAY 5 • DATE \_\_\_\_\_

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**PRAY**

*Summarize what you would like to share with your group*

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Classic Scripture Memory:  
Genesis 3:15

*And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel."*

**S** • Read Matthew 16:13-28

WEEK 8 • DAY 1 • DATE \_\_\_\_\_

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**S** • Read Matthew 17:1-13

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**S** • Read Matthew 17:14-27

WEEK 8 • DAY 3 • DATE \_\_\_\_\_

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**WEEK EIGHT**

Review Scripture Memory  
from Weeks 5-7

**WEEK FIVE:**

**Matthew 11:28-29**

**Jeremiah 33:3**

**WEEK SIX:**

**Matthew 12:48-50**

**Isaiah 6:8**

**WEEK SEVEN:**

**Matthew 15:7-9**

**Genesis 3:15**

**S** • Read Matthew 18:1-9

WEEK 8 • DAY 4 • DATE \_\_\_\_\_

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**S** • Read Matthew 18:10-20

WEEK 8 • DAY 5 • DATE \_\_\_\_\_

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*Summarize what you would like to share with your group*

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**Jeremiah 33:3**

**WEEK SIX:**

**Matthew 12:48-50**

**Isaiah 6:8**

**WEEK SEVEN:**

**Matthew 15:7-9**

**Genesis 3:15**

**S** • Read Matthew 18:21-35

WEEK 9 • DAY 1 • DATE \_\_\_\_\_

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**S** • Read Matthew 19:1-12

WEEK 9 • DAY 2 • DATE \_\_\_\_\_

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**S** • Read Matthew 19:13-30

WEEK 9 • DAY 3 • DATE \_\_\_\_\_

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**WEEK NINE**

Scripture Memory:  
Matthew 19:14

*Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."*

Classic Scripture Memory:  
Psalm 23:1-2

*The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters.*

**S** • Read Matthew 20:1-16

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**PRAY**

**S** • Read Matthew 20:17-34

WEEK 9 • DAY 5 • DATE \_\_\_\_\_

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*Summarize what you would like to share with your group*

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Classic Scripture Memory:  
Psalm 23:1-2

*The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters.*



**S** • Read Matthew 21:1-11

WEEK 10 • DAY 1 • DATE \_\_\_\_\_

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WEEK 10 • DAY 2 • DATE \_\_\_\_\_

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**WEEK TEN**

Scripture Memory:  
Matthew 22:37

*Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments."*

Classic Scripture Memory:  
Psalm 23:3-4

*Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.*

**S** • Read Matthew 22:1-14

WEEK 10 • DAY 4 • DATE \_\_\_\_\_

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**PRAY**

**S** • Read Matthew 22:15-46

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Classic Scripture Memory:  
Psalm 23:3-4

***Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.***

**S** • Read Matthew 23:1-39

WEEK 11 • DAY 1 • DATE \_\_\_\_\_

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**PRAY**

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**S** • Read Matthew 24:1-35

WEEK 11 • DAY 2 • DATE \_\_\_\_\_

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**S** • Read Matthew 24:36-51

WEEK 11 • DAY 3 • DATE \_\_\_\_\_

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**PRAY**

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**DAILY RUNDOWN:**

**S (scripture)** • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

**O (observation)** • Write down observations about the scripture you read.

**A (application)** • Write down how you can apply the scripture to your everyday life.

**P (prayer)** • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

**WEEK ELEVEN**

Scripture Memory:  
Matthew 23:11-12

*The greatest among you will be your servant. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.*

Classic Scripture Memory:  
Psalm 23:5-6

*You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.*

**S** • Read Matthew 25:1-30

WEEK 11 • DAY 4 • DATE \_\_\_\_\_

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**S** • Read Matthew 25:31-46

WEEK 11 • DAY 5 • DATE \_\_\_\_\_

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**PRAY**

*Summarize what you would like to share with your group*

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Matthew 23:11-12

*The greatest among you will be your servant. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.*

Classic Scripture Memory:  
Psalm 23:5-6

*You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.*

**S** • Read Matthew 26:1-30

WEEK 12 • DAY 1 • DATE \_\_\_\_\_

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**PRAY**

**S** • Read Matthew 26:31-75

WEEK 12 • DAY 2 • DATE \_\_\_\_\_

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**PRAY**

**S** • Read Matthew 27:1-31

WEEK 12 • DAY 3 • DATE \_\_\_\_\_

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**PRAY**

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**WEEK TWELVE**

Review Scripture Memory from weeks 9-11

**WEEK NINE:**

**Matthew 19:14**  
**Psalm 23:1-2**

**WEEK TEN:**

**Matthew 22:37**  
**Psalm 23:3-4**

**WEEK ELEVEN:**

**Matthew 23:11-12**  
**Psalm 23:5-6**

**S** • Read Matthew 27:32-66

WEEK 12 • DAY 4 • DATE \_\_\_\_\_

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**PRAY**

**S** • Read Matthew 28:1-20

WEEK 12 • DAY 5 • DATE \_\_\_\_\_

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**PRAY**

*Summarize what you would like to share with your group*

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**WEEK ELEVEN:**

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